



# the grill

anthea paul

THE AUTHOR OF THE *GIRLOSOPHY* SERIES HAS JUST PUBLISHED A BOOK OF ADVICE FOR YOUNG WOMEN SETTING OFF OVERSEAS FOR THE FIRST TIME.

**KATE WATSON** GRILLS HER.

**Do you believe in love at first sight?** I believe in a kind of recognition – a sense of “knowingness”. When you meet someone who will be significant in your life, you feel it instantly.

**How do you keep in shape?** I have a dog, so I’m always on the move with her. I also live between four beaches which are surrounded by national park, so we’re into soft-sand running and bushwalking.

**What’s your CD of the moment?** I’m currently listening to Jane’s Addiction’s *Strays*.

**What’s your favourite childhood memory?** Eating wild blackberries with all the neighbourhood kids while somehow dodging the red-bellied black snakes in the lantana!

**What’s your drink?** I’m loving mojitos.

**What’s the oldest item of clothing you own?** A pale gold silk cheongsam evening jacket. It belonged to my grandmother – she had it made in Hong Kong sometime in the early ‘60s.

**What have you read lately that really got you thinking?** I just finished *The Crossing* by Cormac McCarthy. Devastating.

**What song always makes you happy?** Bob Marley’s *Is This Love?* It’s a classic.

**What’s your guilty pleasure?** Watching back-to-back DVDs –

I can do up to three in a row. I am such a wannabe movie critic.

**What New Age therapy do you swear by?** Acupuncture really works for me, as does reflexology. The feet tell all.

**Tell us about your life at its most absurd.** I have hilarious stories from some memorable California to Nevada road trips from a couple of *Girlosophy* shoots, but you know the rule: what happens in Vegas stays in Vegas!

**Do you have a phobia?** I’m not too keen on cockroaches, as my boyfriend will attest.

**Next holiday destination?** We’re going to a surf camp in Fiji in May, and I’m dreaming of Greece and/or Turkey for the northern hemisphere summer at some point.

**What’s the silliest prank you’ve ever played on someone?** Boarding school a long time ago – Vegemite on the (black) loo seats at midnight.

**Australia needs more...** Litter awareness.

**What are you doing to change the world?** I’m supporting WSPA, Sea Shepherd, the Save Darfur campaign, as well as supporting those trying to save wolves from aerial hunting in Alaska. I’m also personally involved with the Tibetan cause through the Tibetan Friendship Group.



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**ANTHEA PAUL**, AUTHOR OF THE *GIRLOSOPHY* SERIES, HAS JUST PUBLISHED A BOOK OF ADVICE FOR YOUNG WOMEN SETTING OFF OVERSEAS FOR THE FIRST TIME. KATE WATSON GRILLED HER.

**Do you believe in love at first sight?** I believe in a kind of recognition, if you like – a sense of “knowingness”. When you meet someone who is going to be significant in your life, you feel it instantly.

**How do you keep in shape?** I have a dog, so I’m always on the move with her. I also live between four beaches which are surrounded by National Park, so we’re into soft-sand running and bushwalking.

**What’s your CD of the moment?** I’m currently listening to Jane’s Addiction’s *Strays*.

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**What New Age therapy do you swear**

**by?** Acupuncture really works for me, as does reflexology. The feet tell all.

**Tell us about your life at its most absurd.**

I have hilarious stories from some memorable California to Nevada roadtrips from a couple of *Girlosophy* shoots, but you know the rule: what happens in Vegas stays in Vegas! I’m still laughing.

**Do you have a phobia?** I’m not too keen on cockroaches, as my boyfriend will attest.

**Next holiday destination?** We’re going to a surf camp in Fiji in May, and I’m dreaming of Greece and/or Turkey for the northern hemisphere summer at some point.

**Last movie that made you laugh?** There are some cracker scenes in *The Wedding Crashers*.

**What’s the silliest prank you’ve ever played on someone?** Boarding school a long time ago – vegemite on the (black) loo seats at midnight.

**Australia needs more...** litter awareness. Despite the green trend, our roads and waterways show things are still not where they need to be.

**What are you doing to change the world?** I’m supporting WSPA, Sea Shepherd, the Save Darfur campaign, as well as supporting those trying to save wolves from aerial hunting in Alaska. I’m also personally involved with the Tibetan cause through the Tibetan Friendship Group.



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